

**For additional details, contact:**

Amy Lewis  
Strategy Communications  
Phone: (619) 713-0622 [office] / (858) 752-1085 [mobile]  
E-mail: amy@scpublicrelations.com



---

---

**MEDIA ADVISORY**

---

---

**THE ART OF BUDGETING**

*San Diego Metropolitan Credit Union Shares the Basics of Creating a Budget*

**WHO:** San Diego Metropolitan Credit Union

**WHAT:** Budgeting Basics

**WHEN:** March 5, 2009  
3:30 p.m. to 5 p.m.

**WHERE:** San Diego Metropolitan Credit Union Office  
9212 Balboa Ave.  
San Diego, CA 92123

**COST:** Free Admission

**EVENT:** San Diego Metropolitan Credit Union (SDMCU) lends consumers financial expertise about creating a budget, including the best tips for paying down debt and increasing savings. We will share the methods of building good credit and raising your credit score. We will also be happy to go over your credit report with you.

For more information and to RSVP for the event, please call (619) 278-5724 or e-mail us at [workshops@sdmcu.org](mailto:workshops@sdmcu.org).

**MEDIA CONTACT:**

Amy Lewis  
Strategy Communications  
Phone: (619) 713-0622  
E-mail: amy@scpublicrelations.com

*San Diego Metropolitan Credit Union (SDMCU) is committed to its community and members and provides services to families and individuals to manage their personal finances. SDMCU has been in business since 1934 and serves over 20,000 members. SDMCU's corporate headquarters are located in San Diego and information about SDMCU is available on the worldwide web at [www.sdmcu.org](http://www.sdmcu.org).*

###